

**About Our Organization**

The mission of Capstone Health Plan is to administer a health plan responsible for the provision of health care and related services to the developmentally disabled population. The covered members are the focus of the corporation and the reason for its existence. The plan is administered maintaining the dignity of, and respect for these individuals.

We strive to make available the resources necessary to provide quality, comprehensive, yet cost-effective care. We work with the covered members and their families as well as all providers, vendors, agencies and others to ensure that their health care needs are met.

Capstone Health Plan is a *non-profit* organization funded in part by the state of Arizona.

**EPSDT Coding and Compensation**

Did you know that the compensation for an EPSDT visit is substantially higher than a sick visit? When you complete an EPSDT exam, be sure to use the age appropriate code on the claim form as well as attach your completed EPSDT form to the claim form and submit to Capstone. By completely filling out the AHCCCS approved EPSDT tracking form and submitting it with your claim form, you are complying with the AHCCCS require-

ments and helping Capstone to accurately calculate EPSDT participation for needed compliance with AHCCCS. You may also bill for EPSDT services performed during a sick child visit. Simply complete and submit the EPSDT form with the claim form and make sure that you code for an EPSDT visit as well as for the "sick" visit. Don't forget to include on the claim form a corresponding "sick" diagnosis code

that correlates with the "sick" visit!  
EPSDT Codes:  
New Patient  
99381 < age 1  
99382 age 1 thru 4  
99383 age 5 thru 11  
99384 age 12 thru 17  
99385 age 18thru 20  
Established Patient  
99391 < age 1  
99392 age 1 thru 4  
99393 age 5 thru 11  
99394 age 12 thru 17  
99395 age 18thru 20  
Please contact Cindy at x104, if you need more information.

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Flagstaff, AZ 86001

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Fax: 928-779-5108  
E-mail: provider@nazcap.com

**Provider Newsletter**

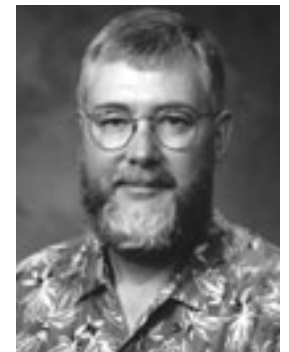
**Featured Physician - W. Kent Johnson, MD**

W. Kent Johnson MD began practicing in Flagstaff, Arizona in 1973. He was the third physician to join Flagstaff Pediatric Associates which was the first pediatric practice in Flagstaff.

certified in Pediatrics and has been seeing Capstone Health Plan members since 1984.

Patient's that Dr. Johnson saw as children now bring their own children to him for their medical care.

After 32 years of practice in Flagstaff, Dr. Johnson retired on December 31, 2005. Dr. Johnson plans to retire in the Verde Valley where



he has resided for the past 4 years.

He will be greatly missed by the health care community and by the staff and the members of Capstone Health Plan.

Dr. Johnson is a graduate of the University of Iowa's College of Medicine. He did an internship with Denver Medical Center and also spent two years in Barrow, Alaska. Dr. Johnson is board



**EPSDT Compliance**

Thank you to our Primary Care Providers for their dedication and commitment to the preventative health and screening of their Capstone patients. Capstone has seen an

increase in EPSDT Compliance this past year. For more information on coding and compensation, please see the article on page 4.

**Keep up the good work!**

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## Medicare Part D - Prescription Benefit Plan

Nearly one fourth of the Capstone Health Plan membership is enrolled with Medicare. Since Capstone is a Medicaid program, these members with Medicare and Medicaid are considered dual-eligible. Dual-eligible members qualify for Prescription Drug Plans offered to Low Income Subsidy (LIS) eligible individuals in the State of Arizona.

These Prescription Drug Plans have little or no monthly premium, no deductible and a minimal co-payment. Capstone Health Plan will continue to cover medications not covered by Medicare Part D. These medications include the following:

- Benzodiazepines\*
- Barbiturates\*
- Medically necessary over-the-counter medications

\*Exceptions to this coverage: Members must obtain any benzodiazepines or barbiturates through the behavioral health system (NARBHA) or Children's Rehabilitation Services (CRS), if those agencies are currently providing those medications. You can find more information on the Medicare website at: [www.medicare.gov](http://www.medicare.gov)

**“Capstone Health Plan would like to give special Thanks to Mark Seby, MD for his 8 years of service with the Board of Directors”**

## Capstone Health Plan Board of Directors

Capstone Health Plan would like to thank Mark Seby, MD for his 8 years of service with the Board of Directors. Cynthia Martin, MD has been nominated to serve on

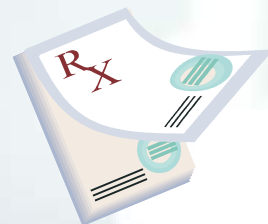
the Board of Directors beginning this month. Dr. Martin is Board Certified in Pediatrics and Internal Medicine. She and her husband, John Martin, MD, certified in Family

Practice, opened Flagstaff Family Care in July 2004. Since that time, the Martins have been participating primary care providers with Capstone Health Plan.

## Rx Quick Reference

The Capstone Health Plan Rx Quick Reference was updated in October 2005. The non-formulary authorization form was included with the Rx Quick Reference. The updated reference was mailed to Primary

Care Providers the first of November.



You can obtain the long version of the formulary from the United Drugs website at: [www.uniteddrugs.com](http://www.uniteddrugs.com) If you need additional Rx Quick References, please contact Sherrylee at x101.

## Well Woman Exams

Capstone is focused on improving the cervical cancer-screening/pelvic exam rate for women with developmental disabilities. This project, in collaboration with the Division of Developmental Disabilities is the continuation of a study initiated in 2000-2001, which found less than 15% of women between the ages of 18-64 (enrolled with the Division of Developmental Disabilities) had a Pap test documented in their

medical records during the previous year. There is a significant disparity in the percentage of women with developmental disabilities who receive Pap test/pelvic exams, when compared to the general population. As a primary care provider (PCP), you may wish to provide the “well woman” exam yourself or refer the member to an OB/GYN specialist for this service. Capstone will cover the annual well

woman exams and cancer screening tests. In any case, Capstone asks that you discuss the risk factors, family history, and recommendations regarding these evaluations with our female members who have disabilities (or with their guardians/caregivers, when appropriate).

For additional information or questions, please contact Cindy, Health Services Director, at x104.

One of the fundamental reasons why so many doctors become cynical and disillusioned is precisely because, when the abstract idealism has worn thin, they are uncertain about the value of the actual lives of the patients they are treating. This is not because they are callous or personally inhuman: it is because they live in and accept a society which is incapable of knowing what a human life is worth.

*John Berger*

**Verify a Member's Eligibility by calling:  
(928) 779-2113  
or  
(800) 336-3874**

## Verifying Member Eligibility

Capstone recommends that you call the office to verify eligibility on a member prior to providing any services. A members eligibility can change from one day to the next. In addition, members

may become eligible for other benefits or they may have primary insurance or Medicare benefits. Capstone Health Plan does not contract with AHCCCS, therefore, if you check a members

eligibility on the AHCCCS website, it will not verify that the member is assigned to Capstone. This is why we recommend you always verify eligibility by calling the Capstone office.